



The Lost Sierra Beet

Welcoming Spring

Dear LSFP community,

The farming season has begun and we've been sowing seeds for the coming summer in the Feather River College greenhouse. This week we began direct seeding + preparing the farm for transplanting. We're preparing for our new season of programming and are excited to be onboarding new staff this month. Like the little seedlings, our lives are springing into action as the days get longer and warmer. It can be simultaneously so exciting and so incredibly overwhelming how quickly life can speed up this time of year, so I hope we can all take time to relax in the sun when the rain breaks and get our rest as we have a summer full of activity ahead of us. This newsletter edition is full of important updates and I am excited to share with you our latest news and opportunities.

With care,
Emma Talamantes

In this newsletter you will find:

↓
Latest projects, upcoming events, and more.

UPDATES

Affordable Produce Program

APPLICATIONS OPEN TIL JUNE 1ST

The Affordable Produce Program (APP) distributes Farm Bucks (credit at Rugged Roots farm) to low-income community members, veterans, and anyone who is food insecure. You do not have to qualify for CalFresh to qualify for our program.

If you regularly choose not to buy fresh produce because of the cost, you are eligible for this program. APP grants \$300 worth of farm bucks to participants in partnership with Plumas County Public Health. The program also offers participants prioritized and free enrollment in cooking demonstrations by local chefs with produce from Rugged Roots farm.

[LEARN MORE](#)



2023 Annual Report

LEARN ABOUT EVERYTHING WE ACCOMPLISHED WITH YOUR SUPPORT IN 2023

We are excited to be able to share with you our official 2023 Annual Report! We accomplished so much this past year and this report captures that. We could not have done it all without our community's support and action.

Thank you for bringing Lost Sierra Food Project to life and helping us realize our vision of a regional food system where everyone has access to healthy, affordable food and feel empowered to grow their own produce.

We hope that together we can accomplish some of our goals for this coming year, from piloting a volunteer-based gleaning program to expanding outreach and programming outside of Quincy. Learn more about all of our 2024 goals by reading the report below.

[2023 ANNUAL REPORT](#)

EVENTS



Eastside Producers Information Collaborative (EPIC)

PLANNING FOR THE FUTURE OF FOOD AND FARMING IN NORTHEASTERN CALIFORNIA
4.15.24

The Lost Sierra Food Project (LSFP) is working with regional agriculture organizations and local farmers to plan for the future of food and farming in Northeastern California. This initiative is called the Eastside Producers Information Collaborative (EPIC). LSFP and the EPIC team are inviting farmers, ranchers, market gardeners, orchardists, and local food producers to a meeting on **April 15th from 3-5pm** at the Plumas Sierra County Fairgrounds Mineral Building. If you are traveling from outside of Quincy, we offer mileage reimbursement.

[LEARN MORE](#)

Cultivate Reception

MOHAWK COMMUNITY RESOURCE CENTER 4.20.24

You are invited to the Mohawk Community Resource Center to view the art from our Art's Residency funded by the Upstate California Creative Corps. Engage with the artists, LSFP staff and volunteers, and participate in interactive community surveys to gauge community needs and dreams around food and farm access.

April 20th

4 PM to 6 PM

Wine & snacks provided

[LEARN MORE](#)

Recent Events

CONTRADANCE

Thank you to everyone who showed up to Contradance! With your help we raised \$ for a highschool internship! Help us continue our fundraising and by donating below.

[DONATE](#)

COMMUNITY

Paid Highschool Internship

APPLICATIONS DUE MAY 1ST

We are excited to offer vocational internships for high school students wanting to gain experience in any of the following areas: Agricultural Support for Low-Income Families, Agricultural Entrepreneurship, and Farm Maintenance.

We are looking for two exceptional candidates for a part-time paid summer internship on our Lost Sierra Food Project (LSFP) educational and production farm, Rugged Roots Farm. This experience can be used on future resumes and letters of recommendation for future jobs.

[LEARN MORE](#)



Seeking New Board Director

SCHOLARSHIPS AVAILABLE

Lost Sierra Food Project is looking for one new Board Member! We are seeking motivated individuals to apply for 1- to 2-year terms. We hope to fill the position by May 2024.

Being on the LSFP board is a great way to give back to your community while meeting new people and having fun. You'll have the opportunity to attend quarterly meetings, volunteer, and help strengthen Plumas County's local food system.

[LEARN MORE](#)

Volunteer with Us

JOIN OUR COMMUNITY OF AWESOME VOLUNTEERS!

The farm volunteer season is approaching! We will begin having volunteer opportunities in May. Follow us on Instagram and Facebook to stay up to date about on-farm volunteer events, or email Emma at events@lostsierrafoodproject.org if you have questions or a specific skill you would like to offer.

[LEARN MORE](#)



CULTURE

Emma's Recommended Listening

PALESTINE IN-BETWEEN PODCAST: SUSTAINABLE FARMING PRACTICES WITHIN PALESTINE

This week I recommend a listen to a new series from a collaboration between Columbia University's Center for Palestine Studies, Lifta Volumes, Lena Mansour, and Cher Asad. Palestine, IN-BETWEEN focuses on land and food politics in Palestine. The first episode, "Sustainable Farming Practices Within Palestine" specifically discusses the farm education and regenerative ag movements in the West Bank and includes discussions with Raya Ziada, founder of Manjala, a grassroots cultural and agricultural initiative, and Yara Dowani, the manager/farmer of the first CSA farm, Om Sleiman.

Listening to this podcast really helped me see what we are doing at the Lost Sierra Food Project and on Rugged Roots farm in the context of an international food justice movement. Like Manjala and Om Sleiman, LSFP exists to ensure everyone in our communities have access to nutritious, affordable food, that people are empowered with the knowledge and resources to grow their own food, to make sure our farming practices benefit rather than harm the land for generations to come, + to strengthen our local food systems to increase resiliency in times of crisis and lessen our dependency on corporate food which prioritizes profit over people.

[LISTEN HERE](#)



Top: Palestinian children plant marigolds in Manjala's educational program in the West Bank

Bottom: Plumas County children learn about harvesting garlic on Rugged Roots farm



Egg Carton Seed Starting

REDUCE, REUSE, RESEED

Poke holes in the bottom of your old egg carton, add soil and start some seeds! Use the top of your egg carton to collect drained water. Remember to read the back of your seed packet for instructions on how + when to plant your seeds. To create a hotter environment for germination, use a plastic grocery store bag to trap heat and water!

[LEARN MORE](#)

Questions? Contact us:

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